## FEDERATION INTERNATIONALE DE GYMNASTIQUE



## INVITATION LETTER PARKOUR INTERNATIONAL JUDGES' COURSE 23-25 NOVEMBER 2019 LAUSANNE (SUI)

Dear Federation,

You are kindly invited to send a candidate to take part in the 1<sup>st</sup> FIG Parkour International Judges' Course to be organized in Lausanne (SUI) on 23-25 November 2019. The main goal of this first open course is to offer the federations an opportunity to provide education for and certify one judge in order to support federations to better organize domestic competitions and certify a judge prior to the 2020 World Championships. This course is a prerequisite to judge any of the Parkour World Cups and the World Championships in 2020. There will be no other courses offered until November 2020.

The course will take place at the FIG headquarters in Lausanne. The course will feature a practical examination, and participants will have the opportunity to earn an international license (formerly brevet) in the category of their result.

The course will be held by the Parkour Commission in accordance with the following FIG Rules:

- Parkour Code of Points 2019-2020 (to be approved by 10 November 2019)
- Parkour Technical Regulations 2019 (Section 7 of FIG Technical Regulations)
- Specific Judges' Rules for Parkour (to be approved by 10 November 2019)
- All current versions of each document can be found at the FIG website under Rules

| FIG DATES      | FIG – Fédération Internationale de Gymnastique Contact Person: Jakub Koslacz Avenue de la Gare 12A CH - 1003 Lausanne - Switzerland Tel: +41 (0)21 321 55 10 / Direct: +41 (0)21 321 55 33 Email: jkoslacz@fig-gymnastics.org Website: http://www.gymnastics.sport From 23-25 November 2019                                  |  |
|----------------|--|--|
| SCHEDULE       | Arrival:<br>Course:<br>Departure:  | Friday, 22 November 2019<br>Saturday & Sunday, 23-24 November 2019 (Course)<br>Monday, 25 November (Examination only) completed by 13:00<br>25 November 2019 after 13:00 or 26 November 2019 |
| DAILY SCHEDULE | Saturday & Sunday, 23-24 November 2019 (Course) 09:00 - 10:30- Presentations & Practice 10:45 - 13:00- Presentations & Practice 15:00 - 16:30- Presentations & Practice 16:45 - 18:00- Presentations & Practice Coffee breaks at 10:30 and 16:30, Lunch at 13:00  Monday, 25 November 2019 (Examination), completed by 13:00 |  |
| PARTICIPANTS   | Every federation in good standing may send one judge. FIG urges federations to consider a judge from the Parkour community. The maximum number of participants is 40, so registrations will be taken on a first come first serve basis.  |  |
| REGISTRATION   |  | te the attached Registration form and return to jkoslacz@fig-<br>g <b>by Friday, 25 October 2019</b> . There is a CHF 150 registration articipant.   |

## FEDERATION INTERNATIONALE DE GYMNASTIQUE

| OFFICIAL      | The course will be guided by the FIG Parkour Commission President and   |  |  |
|---------------|---|--|--|
| LANGUAGE &    | Members, plus the FIG Sports Director. The course will be in <b>English</b> . There will  |  |  |
| FIG EXPERT(S) | be no translation and no available space for federation translators.  |  |  |
| ACCOMMODATION | In principle the FIG does not offer an accommodation and/or meals package.  |  |  |
|               | Judges are invited to book and pay accommodation individually according to their  |  |  |
|               | needs and eat at their own costs.   |  |  |
|               | You may find hotels in Lausanne using the following   |  |  |
|               | link:   |  |  |
|               | http://www.lausannetourisme.ch/hotels   |  |  |
|               | Nevertheless, upon request, the FIG can propose accommodation for price between 220 and 250 (plus taxes) per night and per person in single room, including breakfast, for prices between CHF 150 and 180 per person (plus taxes) in twin room, including breakfast.  |  |  |
|               | The cost for hotel is at the participant's/federation's cost.   |  |  |
|               | Lunch and dinner are not included and are at the costs of the judges. Should you require accommodation under these conditions, please contact directly the Sport Manager: <a href="mailto:jkoslacz@fig-gymnastics.org">jkoslacz@fig-gymnastics.org</a>  |  |  |
| TRAVEL        | The cost for the international transportation is at the participant's/federation's cost.  |  |  |
|               | Candidates should plan to take the train to Lausanne upon your arrival at the Geneva or Zurich Airport. A train schedule is available on the Internet at the following link: <a href="www.cff.ch">www.cff.ch</a> . The FIG Headquarters is located 5 min. walk from the Lausanne Railway Station (Lausanne Gare). |  |  |
| VISA          | If you need a visa for Switzerland, the FIG Sports Department will be happy to assist you; please send your request as soon as possible to <a href="mailto:jkoslacz@fig-gymnastics.org">jkoslacz@fig-gymnastics.org</a>   |  |  |
| Meals         | Meals are at the expense of the participant. There are a number of local restaurants in the area. Two coffee breaks (of approximatively 15 minutes) with light snacks will be provided each day.  |  |  |
| Questions     | Kindly contact the FIG Parkour Sports Manager Jakub KOSLACZ at <a href="mailto:jkoslacz@fig-gymnastics.org">jkoslacz@fig-gymnastics.org</a>   |  |  |

Kind regards,

Charles PERRIERE

FIG Parkour Commission President

Attached: Registration Form & Area Map